

EXCELSIOR HIGH SCHOOL

HOME ECONOMICS DEPARTMENT



RESOURCE AND TECHNOLOGY
HOME AND FAMILY MANAGEMENT

GRADE 9

COURSE OUTLINE

<u>Topics/ sub-topics</u>	<u>General/ Specific Objectives</u>	<u>Projects/Assignments</u>	<u>Teaching Sessions (40 mins +80 mins per session)</u>
<u>Careers in Home Economics</u>	To develop an awareness of the various areas of discipline in home economics	Class presentation	1/80 mins 1/40 mins
<u>Sewing Techniques- Elements of design</u> <ul style="list-style-type: none">• <u>Seam and seam finishes</u>• <u>Embroidery</u>• <u>Appliqué</u>• <u>Quilting</u>• <u>Edge finishes e.g. hems</u>• <u>Attaching fringe</u>• <u>Embellishments</u>• <u>measurements</u>	to introduce various decorative and functional processes that can be applied to sewing projects	<ul style="list-style-type: none">• Appliance cover• Valance• Decorate bath towels• Make and mount samples of sewing techniques	3/80 mins 3/40 mins homework

<p><u>Soft Furnishings and Accessories</u></p> <ul style="list-style-type: none"> • Define soft furnishing • Give examples of soft furnishing <p>Cushions; lamps; covers; pictures; throws; clocks</p>	<p>to expose students to the various items of soft furnishings and accessories used in the home and elsewhere</p>	<ul style="list-style-type: none"> • Cushion • Floral arrangement • Scrapbook on soft furnishings and accessories 	<p>2/80 mins</p> <p>2/40 mins</p>
<p><u>Principles and Elements of Design</u></p>	<p>To create designs using the different ideas and guidelines</p>	<ul style="list-style-type: none"> • Cushion • Mount different designs using the colour schemes 	<p>1/40 mins</p>
<p><u>Classification of fibres</u></p> <ul style="list-style-type: none"> • Cotton • Advantages and disadvantages • Uses and care • Characteristics of plant fibre • Adding texture to fabric • Laundering • Stain removal • Care labels 	<p>to develop awareness of the different fibres</p>	<ul style="list-style-type: none"> • Mount samples of cotton fabrics • Tie and Dye T-Shirts 	<p>2/80 mins</p> <p>2/40 mins</p>
<p>Fabric construction</p> <ul style="list-style-type: none"> • Weaving • Types of weaves 			

<p><u>Money Management Money</u></p> <ul style="list-style-type: none"> • Definition of terms e.g. money, • Legal tender • Functions of money; • International currencies of trading <p><u>Budgeting</u></p> <ul style="list-style-type: none"> • Importance of; • Categories of a budget • Sources of income • Forms of credit 	<ul style="list-style-type: none"> • To teach thriftiness and responsibilities in handling money • To define terms related to money management • To teach children to handle a simple budget • Identify means of paying for goods and services 	<ul style="list-style-type: none"> • Prepare student personal budgets • Class presentation on the forms of credits 	<p>2/80 mins</p> <p>2/40 mins</p>
<p><u>Consumerism</u></p> <ul style="list-style-type: none"> • Rights and responsibilities • Consumer Protection Agencies • Types of shopping experiences <p>Identify important information found on a product label</p>	<ul style="list-style-type: none"> • To develop awareness in students on their rights and responsibilities as consumers • Define terms relating to consumerism • List sources of consumer information 	<ul style="list-style-type: none"> • Gather information on consumerism and present a group project • Define terms related to consumerism 	<p>2/80 mins</p> <p>2/40 mins</p>

<p><u>Management in the Home</u></p> <ul style="list-style-type: none"> • Water sources- rivers, lakes, wells, springs • Purification methods, • Conservation practises; • Storage <p><u>Garbage</u></p> <ul style="list-style-type: none"> • Types; • Disposal methods <p><u>Pest controls</u></p> <ul style="list-style-type: none"> • Household pests; • Methods of control 	<p>To foster and develop responsibilities in the use of resources To foster and maintain a cleanliness in the home and surroundings</p> <p>To demonstrate proper hygienic practises</p>	<ul style="list-style-type: none"> • Demonstration on water purification methods • Make homemade cleaning agent 	<p>2/80 mins</p> <p>2/40 mins</p>
<p><u>Entertainment in the Home Dining Etiquette</u></p> <ul style="list-style-type: none"> • Table setting; • Responsibilities of the hostess/host; guests • <u>Sending and receiving invitation</u> 	<p>To foster acceptable social skills in students</p>	<ul style="list-style-type: none"> • Demonstrating table setting • Make invitation cards 	<p>3/80 mins</p> <p>3/40 mins</p>